

Set a course for healthy living. As a Kaiser Permanente deductible plan member, you have the tools you need at your fingertips to make the most of your plan.

VISIT EARLY AND OFTEN

Get a wide range of information to help you manage your plan and keep moving in a healthy direction. Just go to kp.org/deductibleplans for quick and easy access to many useful resources.

- Learn how your deductible plan works.
- Estimate the cost of the services you need.
- Get helpful tips on knowing what to expect before, during, and after your visits.
- Download helpful brochures and documents.
- Get definitions of key terms and find answers to common questions.
- Find additional support to help you stay healthy.

Get up to speed and stay on track. Bookmark kp.org/deductibleplans today.

kp.org/deductibleplans

Kaiser Permanente health plans around the country: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Ohio • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232

