



lifehouse

serving people with developmental disabilities

Founded 1954

Chiropractic/Acupuncture Benefit

As a member of the Lifehouse Kaiser medical plan, you have access to the chiropractic and acupuncture coverage through American Specialty Health (ASH). This brochure is designed to give you the tools to take advantage of these valuable benefits while providing a brief overview. For more detailed information about what the plan covers, please review the plan documents on our benefits website at: benefits.filice.com/lifehouse

Kaiser HMO

The chiropractic/acupuncture rider on your Kaiser HMO plan provides you with 20 combined visits to a chiropractor or acupuncturist per calendar year. The co-pay for each visit is \$15.

To find an in-network provider, you can call 800-678-9133 or visit www.ashcompanies.com/kp .



****Kaiser members do NOT need a referral from your PCP to visit your chiropractor or acupuncturist.****